



## Worcester VTS - Evaluation Summaries

---

06 and 07 September 2006

### VTS Residential at Dumbleton Hall, near Evesham

#### Things enjoyed and disliked

The Drums

Everything has been very relaxed and laid back, which has made the teaching sessions less strenuous

Enjoyed – the whole group and trainers

Opportunity to talk to practice manager and GP Finance monopoly

Role play should be (must be) them all the time

More Literature, use of actors

PBC Monopoly made a rather dry subject more interesting

Meeting new colleagues

Learning about finance

Having Fun

Excellent organization

Financial side very good

Very useful learning about business side of GP

Using actors made day 2 interesting in trying different consultation styles

Practice manager to explain the business of general practice

Sympathetic and informative topics without being touchy feely

Very good food

Some very good techniques of consultation to manage dysfunctional consultation

Good topics, done very well, very informal

Was really helpful to have collective thinking

Presentations on PMS/GMS – very helpful

Everything good, nice themes, no regrets

No parking problems

Thursday afternoon session a little long

Constructive criticism, prefer to do it Thursday and Friday rather than mid week

More feed back form the actors

Talking about only positive points in dysfunctional consultations, could be misleading, they should have feed back of how to improve

The groups could be such that everyone is in a different group every time

Very well planned

Very little time wasted

Perhaps a little too much in the way of introductions and getting to know each other

Very long but enjoyable 1<sup>st</sup> day, could do with an hour so before dinner to relax

Food bad, no walk this time

No real criticism – excellent residential, but missed the walk

Avoid date when exams are on same day of residential

Early finish on day 2 would be great

Presentation on 1<sup>st</sup> day by us, would be better if we prepared in advance rather than try to construct a presentation in a couple of hours.



## Worcester VTS - Evaluation Summaries

---

14 September 2006

<b>Topics</b>	<b>Perinatal Psychiatry</b>
<b>Senior Registrars:</b>	<b>Video's MRCGP Questionnaire Planning the term</b>
<b>Junior &amp; Innovative Registrars:</b>	<b>PBL Planning the term</b>
<b>SHOs:</b>	<b>PBL Planning the practice visit</b>

### Comments / Feedback

Interesting  
Very Interesting  
Fairly Intense with poor quality slides  
Content Interesting  
Useful  
Interesting Discussion on PBC  
Really informative  
PBL Planning visits – good  
Very informative, useful handouts, could have been more interactive  
Interesting and relevant topic  
Very intense re the presentation  
Informative, but very dry  
Useful to learn about drug Rx and post natal depression  
Good presentation but I am still not sure whether I will be able to identify post natal depression  
Very tedious first session, Would have appreciated shorter and more specific to GP 'What to do, rather than what not to do'  
Interesting presentation by Dr White – had quite a few take home messages  
Perinatal psychiatry – fascinating subject which was a mystery to me, less so now.  
Good useful talk by Dr White  
Informative but perhaps could have been a bit more succinct  
PBL Good idea, new way of learning Useful to consider what we need to know  
Dr White presentation increase awareness of Perinatal depression  
Reg group - Hazel case very good  
Videos – good  
Useful first session  
Important points made  
Helpful information given  
Second session also useful  
All very useful, especially prenatal risk factors  
Psychiatry talk very informative  
Video watching – Good discussion  
Excellent session from Dr White, practical applicable advice, highlighted importance of looking for antenatal Rfs for psychosis  
Useful topic regarding antidepressants/anti-psychotics usage in pregnant women and postnatal depression who are breast feeding  
Good overview, good insight into therapeutics  
Reg Group – Excellent feedback on videos, good planning for topics to cover.  
Main topic very relevant and helpful

**7%**



## Worcester VTS - Evaluation Summaries

---

21 September 2006

<b>Topics</b>	<b>Men's Health</b>
<b>Senior Registrars:</b>	<b>Video's MRCGP Questionnaire</b>
<b>Junior and Innovative Registrars:</b>	<b>PBL</b>
<b>SHOs:</b>	<b>PBL Planning the practice visit</b>

### Comments / Feedback

Men's health all relevant, very clear presentations possibly to much to take in at once  
Questions – very helpful to discuss this  
Videos – helpful constructive discussion especially regarding management options  
Excellent use of various teaching medias – Lecture, Powerpoint, Video  
Men's health – good preparation – to make you listen and understand, excellent presentation  
Need to consider time management  
Registrar – MRCGP questionnaire – good participation. Video good  
Excellent session on men's health – good multimedia presentation  
Useful tips on scrotal lumps  
Helpful MEQ practice  
Lots of hard work and good information  
Good to review videos and cover written question  
Really useful – something we haven't covered before.  
PBL very good, good discussion and informative, comprehensive  
Main topics covered – good video  
PBL – good exercise lots of learning points  
Good and entertaining  
Very good presentations on mens health  
Great, lots of hard work put into an informative presentation  
PBL interesting to discuss how different practices run.  
Good variety of presentation styles – informative  
PBL excellent way of learning about hypertension considering all aspects of management and prescribing  
PBL – useful discussions arose from questions

**8.5%**



## Worcester VTS - Evaluation Summaries

---

12 October 2006

<b>Topics</b>	<b>Child Health</b>
<b>Aims:</b>	<b>To improve knowledge of child health</b>
<b>Objectives:</b>	<b>To understand the role of GP in Child Health Surveillance To improve skills in Child Health</b>
<b>Senior Registrars:</b>	<b>Balient Group</b>
<b>Junior and Innovative Registrars:</b>	<b>Decision Making in Primary Care</b>
<b>SHOs:</b>	<b>Review of practice visits</b>

### Comments / Feedback

Good overview of child health surveillance  
Useful  
Enjoyed balient group session – useful as always  
Excellent talks on CHS – really good video clips  
Good to recap before the exams  
Excellent not to talk about exams  
Detailed informative presentation  
Good variety of presentation  
Good information talk on constipation  
Excellent presentation, especially videos  
Handout would be helpful  
Discussion in reg. group productive and supportive  
Very good presentation  
Good mix of media  
Cute child  
Interesting discussion in SHO group  
Good models to follow  
Useful discussion on decision making – informative  
Lovely video of baby check  
Interesting cases  
Good session on child health  
Useful discussion in small group

**8.3%**



## Worcester VTS - Evaluation Summaries

---

26 October 2006

<b>Topics</b>	<b>Child Protection</b>
<b>Aims:</b>	<b>Update in Child Protection</b>
<b>Objectives:</b>	<b>To be aware of signs and symptoms of non-accidental injury issues</b>
	<b>To be more confident in managing child protection</b>
	<b>To be aware of local policies for child protection</b>
<b>Senior Registrars:</b>	<b>Balient Group</b>
<b>SHOs:</b>	<b>Ten minute topic teaching</b>

### Comments / Feedback

Very interesting and useful afternoon  
Well constructed. Thank you  
Good session  
Excellent session on Child Protection  
Good Multi-media presentation  
Correctly pitched  
Valuable bit on case scenarios  
Very useful, well presented  
Very good afternoon  
Excellent session, very well organized, useful practical information and advice  
Very good  
Very informative  
Overall very informative  
Excellent recap and teaching on Child Protection  
Excellent organization by Louise!  
Well planned talks avoiding repetition  
Useful practical information  
Good case study discussion – stimulating interesting debate  
Impact of Child Protection highlighted well by details of Victoria Cumbie case  
Very well organized  
Quite relevant to needs  
Very well presented throughout  
Good presentations  
Relevant input from the local professionals  
Nice session with a good ending  
Very good session  
Excellent session covering many important issues  
Excellent  
Very helpful having outside speakers

**9%**



## Worcester VTS - Evaluation Summaries

---

09 November 2006

<b>Topics</b>	<b>Work, Life Balance</b>
<b>Aims:</b>	<b>A rough guide for stressed doctors</b>
<b>Objectives:</b>	<b>Identify stress factors. Where to go for help Legal rights if maternity / paternity benefits Time management skills</b>
<b>Senior Registrars:</b>	<b>Viva Practice</b>
<b>SHOs</b>	<b>Problem Cases</b>

### Comments / Feedback

Very good  
Entertaining presentation  
Very good discussion of cases and facilitator  
Good to hear different perspectives  
Good case discussions, very well  
Well prepared and thought out some useful information  
Interesting discussions  
Relaxed group  
Useful  
Really useful to discuss how to answer questions. Different points of view  
Good VTS session – good sources of information for local maternity entitlements  
Discussion group useful for exams  
Enjoyed the video and the drawing was very relaxing  
PBC group was good and educational  
Great Video!  
Excellent case presentation  
Fantastic presentation  
Very helpful and interactive  
Good learning and discussion  
Good presentation  
Interesting case discussion  
Excellent presentation  
Video was entertaining, but had some serious points for discussion  
Good handout on time management  
PowerPoint presentation could have had fewer words  
I enjoyed seeing everyone's artwork!  
Excellent session  
Went well  
Problem cases discussions went well

7%



## Worcester VTS - Evaluation Summaries

---

23 November 2006

<b>Topics</b>	<b>ENT for GPs</b>
<b>GP Registrars:</b>	<b>Ethical Dilemmas</b>
<b>SHOs</b>	<b>Communicating Risk</b>
<b>SHO (Innovative)</b>	<b>Trivial Things</b>

### Comments / Feedback

Helpful, covered all topics, good slides  
Really useful, would like this kind of thing more often  
Good second half with interesting trivial problems  
Enjoyable  
Informative  
Great fun!  
Useful, quick learning should do again  
ENT was bit dry  
Trivial things was very good and interesting  
Excellent ENT session – especially noses and quiz  
Minor illness session very useful!  
Very useful session  
ENTY good  
Very useful trivial things  
Excellent ENT presentation, especially noses! (and ears and throats were not bad either)  
ENT food presentations  
Small group – good discussion  
Good topic to talk about  
Thought provoking  
Well prepared and presented, some useful points  
Risk – Interesting discussion and cases, useful ideas to think about  
Good, Interesting  
Good  
Interesting and useful topic to consider  
Good presentation of ENT

**8%**





## Worcester VTS - Evaluation Summaries

---

30 November 2006

**Topics:** CKD

### **Aims and Objectives of the CKD teaching afternoon**

Definition, classification of CKD, common causes, monitoring etc  
Managements at a community level of the different stages  
When to refer to secondary care  
Dialysis set up in Worcestershire  
Treatment targets  
QOF targets  
Drugs to use and not to use, which anti-hypertensives  
Services for people with CKD in primary care  
Management of end stage renal failure in primary care  
Screening

**GP Registrars:**

**SHOs:** Difficult Patients / easy patients  
Introduction to Balint

**SHO (Innovative):** Ethical Dilemmas

### **Comments / Feedback**

Excellent – Very useful session  
Extremely useful – Very informative and clearly presented  
Very useful CKD session. Would like more specialist sessions like this.  
Good presentation  
Very interesting and informative  
Good discussion for the dilemma  
Holistic approach in dealing with CKD patients  
CKD really useful to hear of Dr Spencer speak  
Ethical dilemma – good – helpful exam preparation  
CKD – Excellent/Informative talk  
Very good CKD talk – useful to have Dr Spencer to ask questions  
Ethical Dilemmas – useful  
Really useful – fantastic talk  
Great Discussion – very useful  
Very good CKD session  
Good session

**8%**



# Worcester VTS - Evaluation Summaries

---

14 December 2006

VTS Away Day at Holland House, Cropthorne, Near Evesham

## Evaluations Summary

### Strengths

All meeting weekly  
Cover numerous areas  
Different styles of VTS  
Diversity of preparation styles  
Excellent experience/learning  
Fantastic Support MRCGP preparation  
Friends  
Friendships  
Good and friendly VTS group  
Good and useful talks  
Good camaraderie  
Good groups  
Good set up  
Good speakers  
Good topics  
Great Bunch  
Guest speaker  
Intimate group  
Lonely people  
Meeting up other members on vts  
Presentations and speakers  
Quality of teaching – excellent  
Residential  
Small group  
Sociable team and organisers  
Study group  
Teaching (Quality)  
Those put on by others  
Three groups  
Trainees  
Trainers  
Very good attending  
Well Co-ordinated  
Well structured and organised  
Works well currently

### Challenges

Changing training and exams etc  
Dealing with uncertainty  
Deanery makes changes without organisers being given necessary information  
MRCGP  
MRCGP exam  
Maintaining High Standards  
New Ideas  
Ongoing change  
Poor communication from Deanery

Setting to VTS as doing for last 4/12 was attending regional peads teaching days  
Study group  
Summaritive amendments  
Time / Study leave constraints  
Time management, so much to fit into spare time e.g. forms, tutorial  
Time pressures  
Videos (aaaaahhhhhh!!!!)

## **Opportunities**

Advice / help from Registrars (exam)  
Discussing Alternative Careers  
Fun, Fun, Fun  
Gain knowledge  
Learning  
Learning from other registrars  
Learning GP focused problems  
Practical guidance from Regs – referral routes, sick notes, blood results etc  
Social service for kids  
Study groups  
Team work  
To discuss problems, cases  
To find out about wider health care services e.g. Orchard service  
To learn new things/skills  
Website  
Wider organisations (Relate, Cruse etc  
Working together

## **Threats**

4 month posts, possible changing members of team  
Changing structure to training  
Deanery  
Deanery trying to centralise teaching  
Funding  
Lack of time  
Laziness  
MMC  
Much larger/expanding numbers  
Not enough time for our presentation preparation  
PCT wanting to stop VTS  
Region Deanery  
Rising numbers of trainees (incorporating F2s)  
So felt it was put together in a bi of a hurry  
Threat to get rid of VTS  
Transfer of training to Birmingham

## **Self Assessment**

### **Where am I now?**

Awaiting completed MRCPGP results  
Beginning GPR 14/12  
Ending hospital rotations on VTS  
Finishing GPR year  
GP innovative Reg  
GP Registrar  
GP Registrar year  
Happy, healthy carefree

In no mans land  
Nearly where I want to be  
Starting GP Reg yr, settling into Upton

### **Where am I going?**

Finish Reg VTS and become a GP  
GP in 8 months  
GP Reg exams  
GP Registrar year  
Independent practitioner  
Move to London  
MRCGP complete reg year  
Regular job  
Salaried GP hopefully Gloucestershire  
Thinking of finding jobs next year  
To be GP in 1 year

### **How do I get there?**

Applying myself  
Await results  
Carry on with current plans  
Exams  
Experience  
Find/organise tenant/house situation  
Finish my Reg year  
GP experience, MRCGP, study group, course in Jan 07  
Hard work perseverance, good sense of humour  
Hard work, exams, follow me scheme  
Learning  
Look for positions in London – BMT careers  
MRCGP  
Revision  
Walk

### **How much of the new curriculum have I covered, what do I still need to learn?**

Critical reading  
Have been working through  
Huge amount of learning  
Lots  
Medical statistics  
Very little, lots

### **How can the VTS help me?**

By allowing us to choose topics for each session  
Exam related questions  
Group learning  
Guidelines etc  
How to access service  
How to refer  
Legal stuff  
Maintain social contact (form post – vts group!)  
Meeting with fellow colleagues in same situation  
Past exam Q  
Peer support/study groups

Practical GP procedures and stuff relevant to job  
Presentation  
Provide point of contact with older registrars and tutors for advice and references etc  
Questions  
Regularly retrieving all regulations from deanery/RCGP  
Renew questions  
Sessions  
Sick notes  
Study Group  
Subject/topic based learning sessions  
Support  
Updates

### **Topics for next term**

Admin – passport forms/exam sick notes etc  
Confidentiality/release of information  
Dermatology – Perhaps some external speakers  
Drug and Alcohol Services  
IV/IM Drug Admin

### **What shall we keep**

Diverse presentation styles (Bring back LOLA!)  
Lunch  
Practice Crit Reading  
Practice Viva day  
Residentials  
Structure afternoon

### **What shall we change?**

?Sessions re outside agencies  
- AA / Relate / Cruse / Turning PT  
- ?jt sessions with trainers (eg video criteria audit etc.)

### **Misc**

Consultant / Reg Specialty Talks  
Diabetes Boss Talk  
Medical Stats / Critical Reading  
nMRCGP info – Transition Time!!  
Obs + Gynae

### **Learning Needs**

#### **Small Group**

nMRCGP  
Cases (Abnormal – Biochem)  
Ethical Dilemmas  
Legal / DVLA

#### **Large Group**

Antenatal Care  
Dermatology  
Diabetes (insulin\_  
Drawing up and Giving Drugs  
Infectious Diseases (notification)  
More Speakers  
Travel